

## **VOLUNTEER SHIFTS: DAYS/TIMES/DESCRIPTIONS**

### **Mondays:**

10:00am-2:00pm: Receiving and sorting deliveries. Stocking shelves and going through donations. Some lifting is possible, but not required. Indoors.

### **Tuesdays:**

8:30am-1:00pm: Distribution of groceries to our guests, assisting with shopping and checking out. Fulfill online shopping orders. Restock shelves during the shift. Communication and language skills are helpful. Indoors.

### **Wednesdays:**

10:00am-2:00pm: Receiving and sorting deliveries, prepping for PM distribution shift. Some lifting is possible, but not required. Indoors.

3:30pm-7:30pm: Distribution of groceries to our guests, assisting with shopping and checking out. Fulfill online shopping orders. Restock shelves during the shift. Communication and language skills are helpful. Indoors.

### **Thursdays:**

9:00am-1:00pm: Distribution of food to the community in our Outdoor Market. Restocking the market as well as prep for the PM shift. Communication and language skills are helpful. Outdoors. (weather permitting)

12:00pm-2:00pm: Receiving and sorting deliveries, prepping for PM distribution shift. Some lifting is possible, but not required. Indoors.

4:30pm-7:30pm: Distribution of groceries to our guests, assisting with shopping and checking out. Restock shelves during the shift. Communication and language skills are helpful. Indoors.

### **Fridays:**

10:00am-2:00pm: Receiving and sorting deliveries. Stocking shelves and going through donations. Some lifting is possible, but not required. Indoors.

### **Saturdays:**

9:30am-1:00pm: Distribution of groceries to our guests, assisting with shopping and checking out. Fulfill online shopping orders. Restock shelves during the shift. Communication and language skills are helpful. Indoors.

12:00pm-2:00pm: There is an additional job of sorting and packing Starbucks items that are delivered. Indoors.

12:30pm-4:30pm: Distribution of groceries to our guests, assisting with shopping and checking out. Restock shelves during the shift. Communication and language skills are helpful. Indoors.

**If you're interested in signing up for a shift, or have any questions, please contact Volunteer Manager JAYDEN in Room O or by email: [staff\\_mgr@feastofjustice.org](mailto:staff_mgr@feastofjustice.org)**